



## International Journal of Current Innovations in Advanced Research

(International Multidisciplinary Tri-annual Research Journal)

Content Available at [www.ijciar.com](http://www.ijciar.com) ISSN (O) 2636-6282 ISSN (P) 2659-1553



## IMMUNE FUNCTION OF NK CELLS IN CANCER AND THEIR EXPLOITATION IN IMMUNOTHERAPEUTIC

Panyam Dharani\*, P.Pavithra, G.Preethi, Ch.Babu Rao

Priyadarshini Institute of Pharmaceutical Education and Research 5th Mile, Pulladigunta, Guntur-522017.  
Andhra Pradesh, India

### \*Corresponding Author

Panyam Dharani

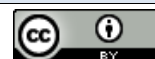
Received: 28 June 2025 Revised: 06 June 2025 Accepted: 24 July 2025

### Abstract

Natural Killer (NK) cells are a type of immune cell that plays a crucial role in defending against tumors and viruses. As part of the innate immune system, NK cells recognize and destroy abnormal cells, preventing tumor development. They are activated upon recognizing abnormal cells and work to eliminate them. Recent research has highlighted the complexity of NK cell responses, including the existence of memory and memory-like NK cell subsets with distinct characteristics and functions. These subsets have been shown to play a key role in immunosurveillance, recognizing and eliminating abnormal cells. NK cells are cytotoxic innate lymphoid cells that produce inflammatory cytokines and chemokines. They are capable of recognizing and destroying transformed or infected cells, making them a key component of the immune response. The role of NK cells in immunity to tumors and viruses has been extensively studied. Research has shown that NK cells are able to recognize and eliminate cancer cells, and that they play a key role in preventing tumor development.

**Keywords:** Natural Killer Cell, Innate Immunity, Cancer Immunotherapy, Tumor Progression

©2025 The Author(s): This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.



### Introduction

Natural Killer (NK) cells are a type of immune cell that plays a crucial role in defending against infectious diseases, cancer, autoimmune disorders, and metabolic diseases. They were first discovered in mice in the 1970s [1, 2] by Rolf Kiessling, Eva Klein, and Hans Wigzell, and since then, they have been extensively studied and recognized as a vital part of the innate lymphoid cell (ILC) family [3,4]. NK cells are first-line defenders of the immune response, and they work by recognizing and destroying abnormal cells, such as cancer cells or infected cells. They are able to do this through a variety of mechanisms, including the release of cytotoxic granules and the production of cytokines and chemokines [5, 6]. Cancer is a significant threat to human health, and traditional treatments such as surgery, chemotherapy, and radiotherapy have limitations [7,8]. The development of resistance to chemotherapy and radiotherapy can lead to cancer recurrence, and these treatments can also have negative side effects, such as reducing physical strength and impairing immune system function. Immunotherapy has emerged as a promising approach to cancer treatment, and NK cells are being explored as a potential tool in this field [11,12]. Immunotherapy works by harnessing the power of the immune system to fight cancer, and NK cells are a key part of this process [13,14]. The immune system consists of innate and adaptive immunity, which work together to prevent cancer development through immunosurveillance. Innate immune cells, including NK cells, dendritic cells, monocytes, and macrophages, play a crucial role in this process. NK cells are of particular interest due to their ability to recognize and destroy cancer cells [15,16].

Cytokines play a crucial role in the immune response against cancer. They drive several processes, including Direct lysis of cancer cells: Cytokines can directly kill cancer cells or facilitate the capture of dead cancer cells.

**Antigen processing:** Cytokines help process and present antigens from cancer cells to the immune system.

**Activation of T cells:** cytokines activate, which then mediate an adaptive anti- tumor immune response.

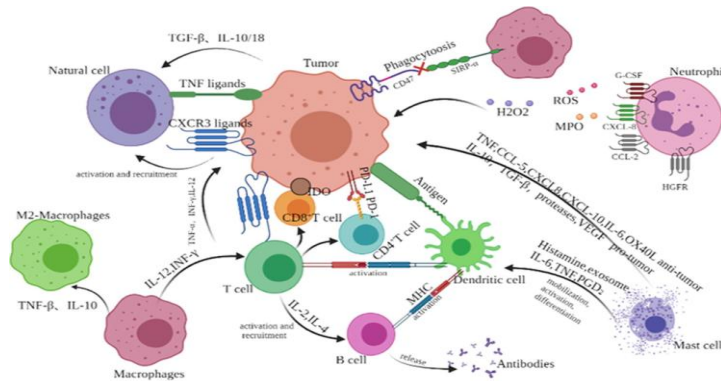


Figure: 1. schematic diagram of tumor-infiltrating immune cells interactions among each other & with cancer cells. Natural Killer (NK) cells are a type of immune cell that plays a crucial role in defending against viral infections and cancer [17, 18]. They contain granules that release perforin and granzymes, which directly kill cancer cells. NK cells also produce pro-inflammatory cytokines, such as Interferon-gamma (IFN- $\gamma$ ) and Tumor Necrosis Factor (TNF), and chemokines, such as CCL3-5 [19]. These molecules stimulate macrophages to engulf and destroy foreign particles, increase the expression of Major Histocompatibility Complex (MHC) class I on antigen-presenting cells, recruit additional immune cells, and promote cell Killing [20].

### Development, Classification, and Distribution of Nk cells

Natural Killer (NK) cells are a distinct type of lymphocyte characterized by their large size and unique cytoplasmic granules. Discovered in 1975, NK cells are identified by their CD122 expression and the loss of CD34 and CD127 markers. The transcription factors T-bet and Eomes are essential for the differentiation of functional NK cells [21,22]

#### Key Characteristics:

**Large size and unique granules:** NK cells are larger than T and B lymphocytes and contain distinct cytoplasmic granules.

**CD122 expression:** NK cells are associated with CD122 expression [23].

**Loss of CD34 and CD127:** NK cells lose CD34 and CD127 markers during development.

### Distribution and Function

**Widespread distribution:** NK cells are found in various lymphoid and non-lymphoid tissues, including the bone marrow, liver, lungs, lymph nodes, spleen, and peripheral blood.

**Unlicensed NK cells:** Unlicensed NK cells play important roles in eliminating viral infections, such as murine cytomegalovirus, and MHC-I+ cells[24].

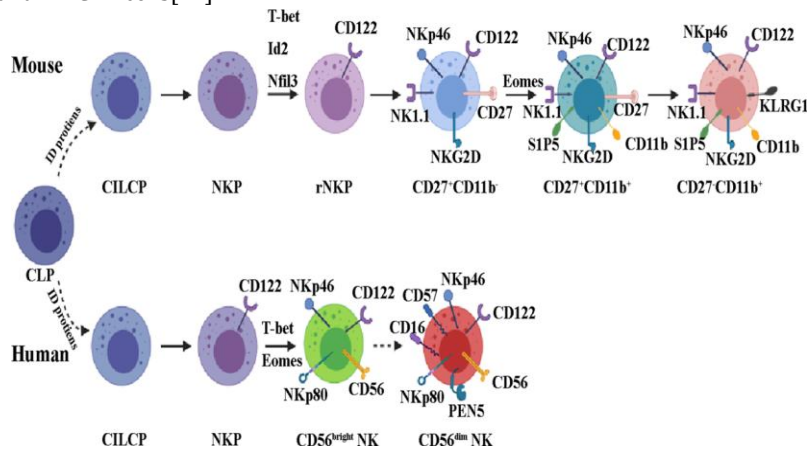


Figure: 2 NK cells development. In mice

### Identification and molecular features of Nk cells:

#### Surface Molecules of Nk cells

Identifying Natural Killer (NK) cells can be challenging due to the variable expression of surface markers. Traditional methods, such as immunohistochemistry, are not always effective in accurately identifying NK cells and their functional status [25].

#### Challenges

**Variable surface marker expression:** NK cells express a range of surface markers, making it difficult to identify

them using a single marker.

**Limitations of traditional methods:** Immunohistochemistry and other traditional methods may not accurately identify NK cells or their functional status.

### **Proposed Solution**

**Inclusion of natural cytotoxicity receptor (NKp46):** Recent studies suggest adding NKp46, a natural cytotoxicity receptor, to the panel of markers used to identify NK cells.

**Focus on functional proteins:** The proposal emphasizes the importance of including functional proteins, rather than just surface molecules, in the classification system of NK cells.

### **Activating and inhibitory signals in Nk cells**

Natural Killer (NK) cells receive activating and inhibitory signals that determine their activation and functional status.

### **Key Player**

**Natural Cytotoxicity Receptors (NCRs):** NCRs are a group of receptors that play a crucial role in NK cell activation.

**NCR molecules:** Three key molecules, NKp30, NKp44, and NKp46, belong to the NCR group.

### **NKp30 and its role:**

**Recognition of B7-H6:** NKp30 recognizes B7-H6, a molecule expressed on tumor cells.

**Potential treatment option:** The interaction between NKp30 and B7-H6 may be used as a novel treatment option in the future.

### **Subpopulations according to site of maturation**

Natural Killer (NK) cells can be divided into subpopulations based on their site of maturation.

### **Conventional NK (cNK) cells**

**Location:** cNK cells are primarily found in peripheral blood.

**Migration:** They migrate to specific locations to exert their effects.

### **Maturation markers**

**TIM-3, CX3CR1, and ZEB2:** High expression of these markers indicates a more mature status of cNK cells.

### **Nk cell subpopulations according to functional molecules**

According to surface CD56 expression, NK cells can be divided into CD56<sup>bright</sup> and CD56<sup>dim</sup>. CD56<sup>dim</sup> NK cells are mainly found in peripheral blood, and are always also CD16-positive, expressing high levels of KIR and LFA-1 and showing cell killing ability.

### **Adaptive features of nk cells**

Although NK cells are considered part of the innate immune system, some NK cell responses exhibit features traditionally ascribed to adaptive immunity, specifically a degree of clonal specificity and memory.

### **Clonal specificity**

Natural Killer (NK) cells exhibit diverse receptor expression patterns, with each receptor present on a random subset of cells.

### **Key Findings**

**Variegated receptor expression:** NK cells display a unique pattern of receptor expression.

**Clonal diversity:** Mass cytometry analysis has revealed significant clonal diversity among NK cells.

**Unique receptor combinations:** Up to 30,000 unique receptor combinations have been identified.

### **Education**

Research on Natural Killer (NK) cells has revealed complex functional changes that occur when they interact with self-MHC molecules.

### **Key Findings:**

**Non-binary response:** NK cell responses cannot be simply categorized as responsive or non-responsive.

**Desensitization mechanism:** The functional changes may be better described as a manifestation of cellular desensitization.

**Poorly understood mechanisms:** The underlying mechanisms driving these processes are not yet fully understood.

## **Nk cell- mediated anti-tumor mechanisms:**

### **Direct cancer killing**

Natural Killer (NK) cells have developed various ways to distinguish between healthy cells and tumor cells.

### **Tumor Cell Recognition**

**Loss of MHC-I expression:** Tumors that no longer express MHC-I molecules can be recognized by NK cells.

**Altered-self proteins:** Tumors with stress-inducible proteins can also be identified by NK cells.

**Unregulated ligand expression:** Cancer cells can express ligands that stimulate NK cell receptors, triggering an immune response.

### **Indirect cancer killing**

Natural Killer (NK) cells play a role in immunomodulatory, influencing the functions of various immune cells.

### **Immunomodulatory Effects:**

**Influence on immune cells:** NK cells affect the functions of dendritic cells (DCs), macrophages, T cells, and B cells.

**Promotion of CTL responses:** DCs can cross-present cancer-specific antigens, potentially promoting the production of antigen-specific cytotoxic T lymphocyte (CTL) response.

## **Nk cell based therapeutic strategies**

Various clinical approaches are being explored to harness the power of Natural Killer (NK) cells to kill cancer cells.

### **NK Cell-Based Therapies:**

**Cytokine therapy:** Using cytokines to stimulate NK cells.

**Autologous and allogeneic NK cell therapy:** Using a patient's own NK cells or donor-derived NK cells.

**CAR-NK cell immunotherapy:** Gene-editing NK cells to express chimeric antigen receptors (CARs) for targeted cancer treatment.

### **Cytokines**

#### **Allogenic and autologous nk cells treatment**

#### **Antitumour nk cells therapies**

#### **Mobilization of endogenous nk cells nk cytokines and superkines**

## **Future perspectives**

The future of Natural Killer (NK) cell-based therapies holds promise for innovative cancer treatments.

### **Emerging Trends:**

**Optimized cytokine therapy:** Refining cytokine combinations to enhance NK cell activity while minimizing side effects.

**Gene-edited NK cells:** Improving CAR-NK cell therapies for targeted cancer treatment.

**Combination therapies:** Exploring synergies between NK cell therapies and conventional treatments, such as chemotherapy and checkpoint inhibitors.

## **Potential Breakthroughs**

Advances in NK cell biology and immunotherapy may lead to improved patient outcomes and expanded treatment options.

## **Conclusion**

### **NK Cells in Cancer Biology**

Natural Killer (NK) cells have emerged as key players in cancer biology, exhibiting complex roles in anti-tumor immunity.

### **Key Findings**

**Innate memory and memory-like responses:** NK cells demonstrate the ability to recall prior activation events, responding to various stimuli, including hapten exposure and virus infection.

**Cytokine-induced activation:** Combined IL-12, IL-15, and IL-18 activation enhances NK cell responses against cancer.

**Interplay with cancer microenvironment:** NK cells interact with cancer cells, stromal cells, and extracellular matrix, influencing anti-tumor immunity through metabolite exchange.

### **Author Contributions**

All authors are contributed equally

## Financial Support

None

## Declaration of Competing Interest

The Authors have no Conflicts of Interest to Declare.

## Acknowledgements

None

## References

1. Kiessling R, Klein E, Wigzell H. „Natural”  $\square$  killer cells in the mouse. I. Cytotoxic cells with specificity for mouse Moloney leukemia cells. Specificity and distribution according to genotype. *European journal of immunology*. 1975 Feb;5(2):112-7.  
<https://doi.org/10.1002/eji.1830050208>
2. Kiessling R, Petranyi G, Klein G, Wigzell H. Genetic variation of in vitro cytolytic activity and in vivo rejection potential of non-immunized semi-syngeneic mice against a mouse lymphoma line. *International journal of cancer*. 1975 Jun 15;15(6):933-40.  
<https://doi.org/10.1002/ijc.2910150608>
3. Savoy SK, Boudreau JE. The evolutionary arms race between virus and NK cells: diversity enables population-level virus control. *Viruses*. 2019 Oct 17;11(10):959  
<https://doi.org/10.3390/v11100959>
4. Wu SY, Fu T, Jiang YZ, Shao ZM. Natural killer cells in cancer biology and therapy. *Molecular cancer*. 2020 Dec;19:1-26.
5. Liu M, Liang S, Zhang C. NK cells in autoimmune diseases: protective or pathogenic?. *Frontiers in Immunology*. 2021 Mar 12;12:624687.
6. Kucuksezer UC, Aktas Cetin E, Esen F, Tahrali I, Akdeniz N, Gelmez MY, Deniz G. The role of natural killer cells in autoimmune diseases. *Frontiers in immunology*. 2021 Feb 25;12:622306.
7. Li Y, Wang F, Imani S, Tao L, Deng Y, Cai Y. Natural killer cells: friend or foe in metabolic diseases?. *Frontiers in Immunology*. 2021 Feb 24;12:614429.
8. Siegel RL, Miller KD, Fuchs HE, Jemal A. Cancer statistics, 2022. *CA: a cancer journal for clinicians*. 2022 Jan;72(1):7-33.  
<https://doi.org/10.3322/caac.21654>
9. Canfell K, Kim JJ, Brisson M, Keane A, Simms KT, Caruana M, Burger EA, Martin D, Nguyen DT, Bénard É, Sy S. Mortality impact of achieving WHO cervical cancer elimination targets: a comparative modelling analysis in 78 low-income and lower-middle-income countries. *The Lancet*. 2020 Feb 22;395(10224):591-603.
10. Hutchinson MK, Mierzwa M, D'Silva NJ. Radiation resistance in head and neck squamous cell carcinoma: dire need for an appropriate sensitizer. *Oncogene*. 2020 Apr 30;39(18):3638-49.
11. Min HY, Lee HY. Mechanisms of resistance to chemotherapy in non-small cell lung cancer. *Archives of pharmacol research*. 2021 Feb;44(2):146-64.
12. Fujitani T, Takahara T, Hattori H, Imajo Y, Ogasawara H. Radiochemotherapy for non-Hodgkin's lymphoma in palatine tonsil. *Cancer*. 1984 Oct 1;54(7):1288-92.  
[https://doi.org/10.1002/1097-0142\(19841001\)54:7%3C1288::AID-CNCR2820540710%3E3.0.CO;2-U](https://doi.org/10.1002/1097-0142(19841001)54:7%3C1288::AID-CNCR2820540710%3E3.0.CO;2-U)
13. Laughney AM, Hu J, Campbell NR, Bakhoun SF, Setty M, Lavallée VP, Xie Y, Masilionis I, Carr AJ, Kottapalli S, Allaj V. Regenerative lineages and immune-mediated pruning in lung cancer metastasis. *Nature medicine*. 2020 Feb;26(2):259-69.
14. Chulpanova DS, Kitaeva KV, Green AR, Rizvanov AA, Solovyeva VV. Molecular aspects and future perspectives of cytokine-based anti-cancer immunotherapy. *Frontiers in cell and developmental biology*. 2020 Jun 3;8:402.  
<https://doi.org/10.3389/fcell.2020.00402>
15. Panda A, Arjona A, Sapey E, Bai F, Fikrig E, Montgomery RR, Lord JM, Shaw AC. Human innate immunosenescence: causes and consequences for immunity in old age. *Trends in immunology*. 2009 Jul 1;30(7):325-33.
16. Cheng M, Chen Y, Xiao W, Sun R, Tian Z. NK cell-based immunotherapy for malignant diseases. *Cellular & molecular immunology*. 2013 May;10(3):230-52.
17. Cheng M, Chen Y, Xiao W, Sun R, Tian Z. NK cell-based immunotherapy for malignant diseases. *Cellular & molecular immunology*. 2013 May;10(3):230-52.
18. Yokoyama WM, Kim S, French AR. The dynamic life of natural killer cells. *Annu. Rev. Immunol.*. 2004 Apr 23;22(1):405-29.

- <https://doi.org/10.1146/annurev.immunol.22.012703.104711>
19. Vivier E, Tomasello E, Baratin M, Walzer T, Ugolini S. Functions of natural killer cells. *Nature immunology*. 2008 May;9(5):503-10.
  20. Caligiuri MA. Human natural killer cells. *Blood, The Journal of the American Society of Hematology*. 2008 Aug 1;112(3):461-9.  
<https://doi.org/10.1182/blood-2007-09-077438>
  21. Kiessling R, Klein E, Wigzell H. „Natural” killer cells in the mouse. I. Cytotoxic cells with specificity for mouse Moloney leukemia cells. Specificity and distribution according to genotype. *European journal of immunology*. 1975 Feb;5(2):112-7.  
<https://doi.org/10.1002/eji.1830050208>
  22. Yang C, Siebert JR, Burns R, Zheng Y, Mei A, Bonacci B, Wang D, Urrutia RA, Riese MJ, Rao S, Carlson KS. Single-cell transcriptome reveals the novel role of T-bet in suppressing the immature NK gene signature. *Elife*. 2020 May 14;9:e51339.
  23. Sun H, Sun C, Tian Z, Xiao W. NK cells in immunotolerant organs. *Cellular & molecular immunology*. 2013 May;10(3):202-12.  
<https://doi.org/10.7554/eLife.51339>
  24. Cooley S, Xiao F, Pitt M, Gleason M, McCullar V, Bergemann TL, McQueen KL, Guethlein LA, Parham P, Miller JS. A subpopulation of human peripheral blood NK cells that lacks inhibitory receptors for self-MHC is developmentally immature. *Blood, The Journal of the American Society of Hematology*. 2007 Jul 15;110(2):578-86..  
<https://doi.org/10.1182/blood-2006-07-036228>
  25. Sungur CM, Tang-Feldman YJ, Ames E, Alvarez M, Chen M, Longo DL, Pomeroy C, Murphy WJ. Murine natural killer cell licensing and regulation by T regulatory cells in viral responses. *Proceedings of the National Academy of Sciences*. 2013 Apr 30;110(18):7401-6..  
<https://doi.org/10.1073/pnas.1218767110>